

Academic Program Description Form

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

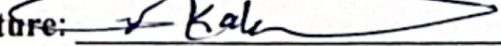
Academic or Professional Program Name: Bachelor of Physical Education

Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

Date of Description Preparation: 21/09/2025

Date of File Completion: 1/10/2025

Signature: 

Head of Department: Assoc. Prof. Dr. Kahlan Ramadan Salih

Signature: 

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date: 2/10/2025

File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Dr. Osama Lutfi Jassim

Date: 5/10/2025

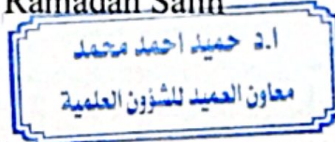
Signature: 

Dean's Approval

Signature: 

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

Date: 6/10/2025



1. Program Vision

To achieve excellence in Physical Education and Sport Sciences and enhance the quality of life in society through advanced education, scientific research, and innovation, while fostering effective partnerships with community institutions and the labor market, in alignment with national and international quality standards.

2. Program Mission

The College is committed to preparing highly qualified professionals in the fields of Physical Education and Sport Sciences through innovative academic programs, technology-enhanced interactive learning, and applied scientific research. It aims to meet labor market demands, contribute to sustainable community development, and promote health, well-being, and quality of life for all members of society.



3. Program Objectives

1. Develop academic programs in line with contemporary developments and quality standards.
2. Promote digital transformation in teaching, learning, and training processes.
3. Support applied scientific research to address sports- and health-related challenges.
4. Establish strategic partnerships with labor market institutions and stakeholders.
5. Align learning outcomes with the needs and expectations of employers.
6. Prepare graduates with advanced professional and leadership competencies.
7. Strengthen the implementation of quality assurance and accreditation standards.
8. Provide community services and outreach programs for all segments of society.
9. Foster sports innovation and the adoption of intelligent systems and technologies.
10. Implement the principles of good governance and institutional accountability.
11. Prepare specialists in teaching, coaching, training, and scientific research.
12. Contribute to addressing health and behavioral challenges within the community.

4. Program Accreditation

Program accreditation status:

The program is not currently accredited by any specialized programmatic accreditation body.

5. Other External Influences

1. Educational and sports policies: The impact of governmental directions and national policies related to education and sports on structuring academic programs and curricula.
2. Technological developments: The adoption of modern technologies in physical education, such as digital tools and sports performance analysis applications, and their impact on improving educational and training quality.
3. Economic and financial factors: Financial and economic challenges affecting education and sports budgets, including program funding, sports facilities, and scientific research.
4. Society and culture: Cultural and social influences that shape individuals' attitudes toward physical education and sport, and the role of sport in building cultural identity and promoting public health.
5. Health and environmental developments: The role of public health and environmental changes in shaping physical education programs in line with the need for physical activities that enhance fitness and well-being.
6. Global sports developments: Changes in the global sports landscape and emerging challenges in international competitions and sports training, and their role in improving local curricula.
7. Legislative and legal changes: Laws and regulations affecting the physical education and sports sector, including safety regulations, academic certification, and professional standards.

6. Program Structure

Program Structure	Number of Courses	Credit Units	Percentage	Notes
Institutional Requirements	50	143	100%	
College Requirements	50	143	100%	
Department Requirements	27	88	65.6%	
Summer Training	Not Available	-	-	
Others	Not Available	-	-	



7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / First Year	anmy101	Anatomy	Theoretical	4
Annual / First Year	elan102	English Language	Theoretical	2
Annual / Second Year	elan205	English Language	Theoretical	2
Annual / First Year	alan103	Arabic Language	Theoretical	2

7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / Second Year	alan214	Arabic Language	Theoretical	2
Annual / First Year	phsp104	History of Physical Education	Theoretical	4
Annual / First Year	cors108	Computer Applications	Theoretical	2
Annual / Second Year	cors212	Computer Applications	Theoretical	2
Annual / First Year	huri105	Human Rights	Theoretical	4
Annual / Second Year	stcs201	Statistics	Theoretical	4
Annual / Second Year	teme202	Testing and Measurement	Theoretical	4
Annual / Second Year	bics203	Biomechanics	Theoretical	4
Annual / Second Year	sptr204	Sports Training Science	Theoretical	4
Annual / Fourth Year	sptr401	—	Theoretical	4
Annual / Second Year	thme211	Teaching Methods	Theoretical	2
Annual / Third Year	thme305	Teaching Methods	Theoretical	2
Annual / Fourth Year	thme410	Teaching Methods	Theoretical	2
Annual / Second Year	crbp213	Crimes of the Ba'ath Party	Theoretical	2
Annual / Third Year	scre301	Scientific Research	Theoretical	4
Annual / Third Year	phgy302	Exercise Physiology	Theoretical	4
Annual / Third Year	mole303	Motor Learning	Theoretical	4
Annual / Third Year	phre304	Sports Injuries	Theoretical	4
Annual / Fourth Year	spps403	Sports Psychology	Theoretical	4
Annual / Fourth Year	maor405	Management and Organization	Theoretical	4

7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / Fourth Year	disp409	Adapted Physical Education (Disability Sports)	Theoretical	4
Annual / Fourth Year	grre412	Graduation Research Project	Theoretical	4
Annual / Fourth Year	tesc411	Field Training / Practicum	Practical	4

8. Expected Learning Outcomes

Knowledge

1. Deep understanding of sports sciences and physical education concepts.
2. Practical teaching and coaching skills.
3. Ability to assess and provide personal coaching guidance.
4. Research and analytical skills in sports education.
5. Social interaction and cultural diversity awareness.
6. Leadership and teamwork development.
7. Awareness of health and physical fitness importance.
8. Communication and interpersonal skills.



Skills

1. Teaching and coaching skills.
2. Effective communication skills.
3. Planning and organizational skills.
4. Leadership and motivation abilities.

5. Analytical and assessment skills.
6. Public relations and marketing skills.
7. Biomechanical and physical training skills.
8. Sports management and organizational skills.

Assessment Methods

Daily exams	Midterm exams
Oral exams	Practical exams
Final exams	

9. Teaching and Learning Strategies

- Active learning
- Lectures
- Discussions
- Presentations
- E-learning
- Blended learning
- Dialogue-based learning



10. Evaluation Methods

- In-person
- Online
- Blended learning

11. Faculty Members

Academic Rank	General Specialization	Specific Specialization	Required Skills (if any)	Full-Time	Part-Time
Prof. Dr. Hameed Ahmed Mohammed	Physical Education & Sport Sciences	Biomechanics	—	✓	
Assist. Prof. Dr. Salem Khalaf Fahad	Physical Education & Sport Sciences	Sports Management	—	✓	
Assist. Prof. Dr. Kahlan Ramadan Salih	Physical Education & Sport Sciences	Teaching Methods + Football	—	✓	
Prof. Dr. Abdul-Munim Ahmed Jassim	Physical Education & Sport Sciences	Measurement & Evaluation + Football	—	✓	
Prof. Dr. Muthanna Ahmed Khalaf	Physical Education & Sport Sciences	Rehabilitation of Disabilities	—	✓	
Prof. Dr. Sarmad Ahmed Musa	Physical Education & Sport Sciences	Motor Learning + Football	—	✓	
Prof. Dr. Shaimaa Rasheed Taan	Physical Education & Sport Sciences	Exercise Physiology	—	✓	
Prof. Dr. Ziad Salem Abdul	Physical Education & Sport Sciences	Teaching Methods	—	✓	
Assist. Prof. Dr. Hussam Abdul-Muhyi	Physical Education & Sport Sciences	Teaching Methods + Handball	—	✓	
Assist. Prof. Dr. Mohammed Saad Jabr	Physical Education & Sport Sciences	Teaching Methods + Athletics	—	✓	
Lecturer Dr. Mustafa Walid Aayed	Physical Education & Sport Sciences	Biomechanics + Tennis	—	✓	
Lecturer Dr. Shahd Safaa Hamad	Physical Education & Sport Sciences	Measurement & Evaluation	—	✓	
Lecturer Dr. Akram Hassan Mahmood	Physical Education & Sport Sciences	Sport Psychology + Fencing	—	✓	
Lecturer Dr. Janan Thami Shihan	Life Sciences	Physiology	—	✓	

11. Faculty Members

Academic Rank	General Specialization	Specific Specialization	Required Skills (if any)	Full-Time	Part-Time
Lecturer Dr. Marwa Sabaa Muhyi	Arabic Language	Literature	—	✓	
Instructor Inas Nusrat Salman	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Saif Ghazal Sawo	Law	Public Law	—	✓	
Assistant Lecturer Barq Jassim Saleh	English Language	Literature	—	✓	
Assistant Lecturer Reem Saud Abdul	Life Sciences	Microbiology	—	✓	
Assistant Lecturer Omar Fadil Mohammed	English Language	Translation	—	✓	
Assistant Lecturer Mohammed Nitham Taha	History	Islamic History	—	✓	
Assistant Lecturer Suhaib Abdul-Samad Ismail	Political Science	Political Science	—	✓	
Assistant Lecturer Fatima Hadhifa Mohammed	Arabic Language	Literature	—	✓	
Assistant Lecturer Baraaq Muhyi Muhamid	Arabic Language	Linguistics	—	✓	
Assistant Lecturer Amina Saad Hamoud	Agriculture	Plant Protection	—	✓	
Assistant Lecturer Noor Al-Huda Rafid Khaled	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Ahmed Ma'roof Ahmed	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Zainab Abdulqadir Mohammed Amin	Geology	Earth Sciences	—	✓	

Professional Development

Guidance for New Faculty Members

No.	Area	Description
1	Training Provision	Providing comprehensive training programs for new faculty members focusing on effective teaching skills, classroom management, communication with students and colleagues, and the use of modern educational technologies.
2	Support and Mentorship	Establishing a mentoring system involving experienced faculty members to support new staff in adapting to the academic environment and understanding institutional policies and procedures.
3	Setting Realistic Goals	Defining achievable and realistic goals for new faculty members and guiding them toward sustainable professional development and career progression.
4	Encouraging Innovation	Motivating new staff to adopt innovative and creative teaching methods that enhance teaching quality and student engagement.
5	Institutional Integration	Encouraging participation in academic and social activities to enhance integration into the academic community.
6	Feedback and Monitoring	Providing regular performance evaluations to help new faculty identify strengths and areas for improvement.
7	Communication and Collaboration	Enhancing opportunities for communication and collaboration among new and experienced staff to promote knowledge sharing and continuous learning.
8	Professional Development Opportunities	Supporting participation in training courses, workshops, conferences, and scientific seminars to promote continuous professional growth.

Professional Development for Faculty Members

No.	Area	Description
1	Training and Workshops	Organizing training programs and workshops in curriculum development, modern teaching methods, educational technology, scientific research, communication skills, time management, and stress management.



2	Postgraduate Studies and Research	Encouraging faculty members to pursue postgraduate studies (Master's and PhD) and engage in research projects to enhance academic and research competencies.
3	Conferences and Scientific Seminars	Promoting participation in local and international conferences and seminars to exchange ideas, gain new insights, and build professional networks.
4	Scientific Publishing	Encouraging publication in peer-reviewed journals and academic books to strengthen academic reputation and contribute to knowledge dissemination.
5	Career Development Programs	Providing specialized development programs in leadership, project management, and communication skills to enhance professional competencies.
6	Mentoring and Coaching	Offering mentoring programs to assist faculty members in developing personal professional plans and achieving academic and career goals.
7	Technology in Education	Providing training on the use of modern educational technologies to enhance digital skills and improve teaching effectiveness.
8	Industry and Community Collaboration	Encouraging collaboration with industry and local community institutions through research projects and consultancy to align academic work with societal and labor market needs.

12. Admission Criteria

- **General Admission:** Open to graduates of scientific and literary high school branches, constituting 80% of the admission plan.
- **Admission for Elite Athletes:** Available to graduates of scientific, literary, and vocational studies, comprising 10% of the admission plan.
- **Admission for Vocational School Graduates:** Comprises 10% of the admission plan.
- **Ministry-Nominated Physical Education Teachers:** Admission based on nominations from the Ministry of Education (outside the standard admission plan).
- **Parallel Education:** Admission under a parallel education system (outside the standard admission plan).

13. Key Information Sources about the Program

- Curriculum Textbooks
- Supplementary Books
- Internet and Online Resources
- Extracurricular Activities, Exhibitions, Festivals, and Championships
- Published Research Papers, Dissertations, and Theses
- Iraqi Virtual Scientific Library



14. Program Development Plan

- **Theoretical and Practical Instruction:** Ensuring a balanced approach between theoretical teaching and practical application across all academic levels.

- **Field Visits:** Supervising students during their internships and field application stages.
- **Research Supervision:** Monitoring students throughout the duration of their graduation research projects and scientific report writing.
- **Hands-on Learning:** Engaging students in real-life educational experiences through scouting camps, sports festivals, and artistic exhibitions.
- **Utilization of Educational Aids:** Implementing various instructional tools, including models, simulations, illustrations, and electronic presentation technologies.



Program Skills Plan

Required Learning Outcomes from the Program

Year/Level	Course Code	Course Name	Core/Elective	Knowledge (A1–A4)	Skills (B1–B4)	Values (C1–C4)
First Year	anmy101	Anatomy	Core	A4	B4	C4
	elan102	English Language	Core	A4	B4	C4
	alan103	Arabic Language	Core	A4	B4	C4
	phsp104	Philosophy & History of Physical Education	Core	A4	B4	C4
	cors108	Computer Applications	Core	A4	B4	C4
	huri105	Human Rights	Core	A4	B4	C4
Second Year	stcs201	Statistics	Core	A3	B3	C3
	teme202	Testing & Measurement	Core	A3	B3	C3
	bics203	Biomechanics	Core	A3	B3	C3
	sptr204	Sports Training Science	Core	A3	B3	C3
	thme211	Teaching Methods	Core	A3	B3	C3
	elan205	English Language	Core	A3	B3	C3
	cors212	Computer Applications	Core	A3	B3	C3
	crbp213	Ba'ath Party Crimes	Core	A3	B3	C3
	alan214	Arabic Language	Core	A3	B3	C3

Year/Level	Course Code	Course Name	Core/Elective	Knowledge (A1-A4)	Skills (B1-B4)	Values (C1-C4)
Third Year	scre301	Scientific Research	Core	A2	B2	C2
	phgy302	Exercise Physiology	Core	A2	B2	C2
	mole303	Motor Learning	Core	A2	B2	C2
	thme305	Teaching Methods	Core	A2	B2	C2
	phre304	Sports Injuries & Rehabilitation	Core	A2	B2	C2
Fourth Year	sptr401	Sports Training Science	Core	A1	B1	C1
	spps403	Sport Psychology	Core	A1	B1	C1
	maor405	Sports Management	Core	A1	B1	C1
	thme410	Teaching Methods	Core	A1	B1	C1
	disp409	Adapted Physical Education	Core	A1	B1	C1
	tesc411	Field Training (Practical)	Core	A1	B1	C1
	grre412	Graduation Project	Core	A1	B1	C1



Academic Program Description Form

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

Academic or Professional Program Name: Bachelor of Physical Education

Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

Date of Description Preparation: 21/09/2025

Date of File Completion: 1/10/2025

Signature: _____

Head of Department: Assoc. Prof. Dr. Audey Mahmoud Zahmar

Signature: _____

ا.د. حميد احمد محمد
معاون العميد للشؤون العلمية

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date 2/10/2025

File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Assistant Professor Dr. Osama Lutfi Jassim

Date: 5/ 10 / 2025

Signature: _____



Dean's Approval

Signature: _____

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

Date: 6/ 10 / 2025





1. Program Vision

Excellence in physical education and sports sciences, enhancing quality of life through advanced education, scientific research, and innovation. Developing knowledge related to sports and its practical applications in a high-quality educational environment. Commitment to Islamic principles, academic quality, and professional excellence. Preparing specialists capable of leading sports and community institutions.

2. Program Mission

Delivering an educational, scientific, professional, and academic mission in physical education and sports sciences. Preparing qualified professionals through modern academic programs, interactive teaching based on technology and applied research, aligned with labor market needs. Serving the community, enhancing health and quality of life, and preparing teachers with the ability to meet the needs of educational and sports institutions.

3. Program Objectives

- Develop theoretical and practical aspects of individual and team sports.
- Improve sports facilities and ensure sustainability.
- Raise students' physical and skill levels.
- Provide students with the latest updates in team sports and legal regulations.
- Foster teamwork and cooperative skills aligned with team spirit.
- Instill responsibility and commitment in line with religious values.
- Strengthen national and cultural identity through sports.
- Prepare educational and sports professionals for schools, universities, and clubs.
- Train specialists in sports coaching to improve physical and technical performance.

4. Program Accreditation

Accreditation status: **No accreditation obtained.**

5. External Influences

None.

6. Program Structure

Program Component	Courses	Units	Notes
Department Requirements	5	10	—

Program Component	Courses	Units	Notes
Summer Training	None	—	—
Other Requirements	None	—	—



7. Program Description (Sample Courses)

Year/Level	Code	Course	Type	Credits
Year 1	fball 110	Football	Practical	2
Year 3	fball 311	Football	Practical	2
Year 4	fball 408	Football	Practical	2
Year 1	bball 109	Basketball	Practical	2
Year 2	bball 209	Basketball	Practical	2
Year 4	bball 406	Basketball	Practical	2
Year 2	vball 210	Volleyball	Practical	2
Year 3	vball 306	Volleyball	Practical	2
Year 4	vball 404	Volleyball	Practical	2
Year 2	hball 208	Handball	Practical	2
Year 3	hball 307	Handball	Practical	2
Year 4	hball 402	Handball	Practical	2
Year 1	fufs 110	Futsal	Practical	2
Year 3	fufs 311	Futsal	Practical	2
Year 4	fufs 408	Futsal	Practical	2

8. Expected Learning Outcomes

- **Knowledge:** Comprehensive understanding of sports sciences, ability to apply theories in teaching/training, knowledge of international regulations, performance analysis, and applied research.
- **Skills:** Coaching, teaching, teamwork, talent identification, tactical application, refereeing, and research skills.
- **Values:** Sportsmanship, cooperation, respect, responsibility, professionalism, creativity, and innovation in teaching and training.



9. Teaching and Learning Strategies

Active learning, lectures, discussions, e-learning, blended learning, case studies, simulations.

10. Assessment Methods

Semester Theory Practical Total

First	10	15	25
Second	10	15	25
Final	30	20	50

11. Faculty Members

Includes professors and assistant professors specializing in football, basketball, volleyball, handball, futsal, sports psychology, physiology, biomechanics, sports management, and teaching methods.

Academic Rank	General Specialization	Specific Specialization	Skill Requirements (if any)	Permanent Staff	Lecturer
Asst. Prof. Dr. Abdullah Mohammed Tiawi	Physical Education	Training / Football	—	✓	—
Prof. Dr. Uday Mahmoud Zahmer	Physical Education	Training / Basketball	—	✓	—
Prof. Dr. Hamoudi Issam Naaman	Physical Education	Training / Handball	—	✓	—
Prof. Dr. Jassim Abbas Ali	Physical Education	Sports Psychology / Football	—	✓	—
Asst. Prof. Dr. Atef Abdulkhaliq Ahmed	Physical Education	Training / Football	—	✓	—
Asst. Prof. Dr. Ibrahim Faisal Khalaf	Physical Education	Sports Management / Volleyball	—	✓	—
Asst. Prof. Dr. Amjad Hamed Badr	Physical Education	Measurement & Evaluation / Volleyball	—	✓	—
Asst. Prof. Dr. Ahmed Qahtan Najm	Physical Education	Motor Learning / Handball	—	✓	—
Asst. Prof. Dr. Alaa Jassim Mohammed	Physical Education	Training Physiology / Football	—	✓	—

Academic Rank	General Specialization	Specific Specialization	Skill Requirements (if any)	Permanent Staff	Lecturer
Asst. Prof. Dr. Sonkol Bilal Murad	Physical Education	Biomechanics / Handball	—	✓	—
Asst. Prof. Dr. Marwan Khairu Yassin	Physical Education	Measurement & Evaluation / Volleyball	—	✓	—
Dr. Wissam Mahdi Saleh	Physical Education	Training / Handball	—	✓	—
Dr. Firas Qahtan Rajab	Physical Education	Handball / Sports Psychology	—	✓	—
Lecturer Ahmed Taha Ahmed	Physical Education	Training / Football	—	✓	—
Lecturer Mohammed Hamad Hussein	Physical Education	Measurement & Evaluation / Volleyball	—	✓	—
Lecturer Ammar Majid Ali	Physical Education	Handball / Sports Psychology	—	✓	—
Lecturer Ali Abdullah Mohammed	Physical Education	Management & Organization / Football	—	✓	—
Lecturer Abdullah Kwan Salem	Physical Education	Teaching Methods / Basketball	—	✓	—
Lecturer Bushra Qasim Raouf	Physical Education	Physiology / Futsal	—	✓	—
Lecturer Aref Akram Aref	Physical Education	Physiology / Volleyball	—	✓	—
Lecturer Omar Ramadan Saleh	Physical Education	Teaching Methods / Basketball	—	✓	—
Lecturer Amer Najm Abdullah	Physical Education	Sports Management / Volleyball	—	✓	—

12. Admission Criteria

- 75% quota for general high school graduates (science and arts).
- 15% quota for champion athletes.
- 10% quota for vocational graduates.
- Ministry of Education nominations for PE teachers (outside quota).





- Parallel education admissions (outside quota).

13. Program Information Sources

Textbooks, reference books, internet resources, extracurricular activities, theses, and published research.

14. Program Development Plan

- Integrating theory with practice.
- Field visits and practical training.
- Supervised graduation research.
- Direct field education during camps, festivals, and exhibitions.
- Use of visual aids and modern teaching technologies.

Year/Level	Course Code	Course Name	Core or Elective	Knowledge (A1–A4)	Skills (B1–B4)	Values (C1–C4)
First		Football	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Futsal	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Basketball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
Second		Volleyball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Basketball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Handball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
Third		Volleyball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Football	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Handball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Futsal	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
Fourth		Volleyball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Football	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Basketball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Handball	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓
		Futsal	Core	✓✓✓✓	✓✓✓✓	✓✓✓✓

Academic Program Description Form

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

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Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

Date of Description Preparation: 21/09/2025

Date of File Completion: 21/09/2025

Signature: _____

ا. د نكتل مزاحم خليل
رئيس فرع الالعاب الفردية

Head of Department: Prof. Dr. Naktal Muzahem Khaleel

Date: 1/10/2025

Signature: _____

ا. د حميد احمد محمد
معاون العميد للشؤون العلمية

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date: 2/10/2025



File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Assistant Professor Dr. Osama Lutfi Jassim

Date: 5/10/2025

Signature: _____



Dean's Approval

Signature: _____

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

Date: 6/10/2025

1. Program Vision

Enhancing the quality of life in society through scientific and professional achievements in physical activities, sports, and recreation, which impact all segments of society. The College of Physical Education and Sports Sciences aims to develop knowledge related to physical activities, sports, and recreation, applying them by creating a high-quality educational environment that upholds Islamic values and principles. The goal is to achieve excellence in preparing specialists in physical education, sports management, sports sciences, and recreation, qualifying professional leaders and researchers to work in various community institutions and providing specialized services to different sectors to improve the quality of life for all individuals.

2. Program Mission

Our college's mission is educational, scientific, professional, and academic, specializing in the fields of physical education and sports sciences to prepare and train specialized teachers in physical education and sports sciences, in addition to their leading role in the sports movement within society.

3. Program Objectives

1. Preparing male and female teachers in physical education and sports sciences for various educational levels (Bachelor's, Master's, and Doctorate) with educational and scientific preparation in teaching, training, organization, and administration in physical education, health education, and recreation.
2. Utilizing modern scientific methods in teaching, training, authorship, and research.
3. Conducting educational and scientific research that contributes to the quality of the educational process and presenting it to relevant institutions.
4. Developing the sports movement for all segments of the population in cooperation with sports institutions.
5. Contributing to the development of physical education and sports sciences programs in society.
6. Paying attention to individuals with special needs, supporting this social group,

and working to meet their physical, skill-related, psychological, and social needs.

4. Program Accreditation

Is the program accredited? If so, by which organization?

5. Other External Influences

1. Educational and sports policies
2. Technological advancements
3. Economic and financial factors
4. Society and culture
5. Health and environmental developments
6. Global sports advancements
7. Legislative and legal changes

6. Program Structure

Institutional Requirements	-	-	-	-
College Requirements	16	38	-	-
Departmental Requirements	-	-	-	-
Summer Training	None	-	-	-
Others	None	-	-	-
Institutional Requirements	-	-	-	-

7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
Annual	-	Track and Field	2	Annual
Annual	-	Racket Sports	2	Annual

Annual	-	Fencing	2	Annual
Annual	-	Swimming	2	Annual
Annual	-	Physical Fitness	2	Annual
Annual	-	Scouting	2	Annual
Annual	-	Weightlifting	2	Annual
Annual	-	Artistic Gymnastics (Female)	2	Annual
Annual	-	Rhythmic Gymnastics (Female)	2	Annual
Annual	-	Artistic Gymnastics (Male)	2	Annual
Annual	-	Practical Training	4	Annual
Annual	-	Graduation Research Project	2	Annual

8. Expected Learning Outcomes

Knowledge

1. Deep understanding of sports sciences and physical education concepts.
2. Practical teaching and coaching skills.
3. Ability to assess and provide personal coaching guidance.
4. Research and analytical skills in sports education.
5. Social interaction and cultural diversity awareness.
6. Leadership and teamwork development.
7. Awareness of health and physical fitness importance.
8. Communication and interpersonal skills.

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Skills

1. Teaching and coaching skills.
2. Effective communication skills.
3. Planning and organizational skills.
4. Leadership and motivation abilities.
5. Analytical and assessment skills.
6. Public relations and marketing skills.
7. Biomechanical and physical training skills.
8. Sports management and organizational skills.

Assessment Methods

Daily exams	Midterm exams
Oral exams	Practical exams
Final exams	

9. Teaching and Learning Strategies

- Active learning
- Lectures
- Discussions
- Presentations
- E-learning
- Blended learning
- Dialogue-based learning

10. Evaluation Methods

- In-person
- Online
- Blended learning

11. Faculty Members

Name	Academic Rank	Specialization	Permanent	Lecturer
Prof. Dr. Naktal Muzahem Khaleel	Professor	Sports Training (Handball)	√	-
Prof. Dr. Ibtisam Haidar Baktash	Professor	Sports Training (Track and Field)	√	-
Prof. Dr. Mohib Hamed Raja	Professor	Motor Learning (Swimming)	√	-
Asst. Prof. Dr. Nida Ibrahim Abdul Rida	assistant professor	Motor Learning (Artistic & Rhythmic Gymnastics - Female)	√	-
Asst. Prof. Dr. Thamer Turki Manaa	assistant professor	Motor Learning (Artistic Gymnastics - Male)	√	-
Asst. Prof. Dr. Nizar Faeq Saleh	assistant professor	Sports Training (Racket Sports)	√	-
Asst. Prof. Dr. Taha Ghaffal Abdullah	assistant professor	Injury Rehabilitation (Swimming)	√	-
Asst. Prof. Dr. Wissam Aouni Saleh	assistant professor	Biomechanics (Weightlifting)	√	-
Dr. Osama Lutfi Jassim	Assistant Professor	Biomechanics (Track and Field)	√	-
Dr. Omar Awid Saleh	Assistant Professor	Sports Training (Physical Fitness)	√	-
M. Omar Abdullah Hussein	Lecturer	Psychology/Duel	√	-
Dr. Bassem Majeed Muhammad	Lecturer	Learn movement/gymnastic	√	-
D. Raad Abdel Majeed Hussein	Lecturer	physical education, teaching methods/athletics	√	-
Dr. Idris Yasser Khalaf	Lecturer	Rehabilitation of people with special needs / Basketball		
Dr. Ali Qais Mahmoud	Lecturer	Injury rehabilitation / Football	√	-
M. M. Ali Fares Saleh	Lecturer	physical education, motor learning / wrestling	√	-
M. M Afnan Khalil Katea	Lecturer	Physical Education Motor Learning/Athletics	√	-

M. M. Anas Hawass Hajem	Lecturer	Physical Education Psychology/Athletics	√	-
M.M Othman Samir Mahmoud	Lecturer	swimming	√	-
M.M. Abdul Latif Sharif Shihab	Lecturer	Scout camps	√	-
M.M. Akram Khalil Mahmoud	Lecturer	Weightlifting	√	-
M.M. Raed Dargham Mahdi	Lecturer	Weightlifting	√	-

Professional Development

Guidance for New Faculty Members

- **Providing Necessary Training:** New faculty members should receive specialized training programs that include teaching skills, classroom management, communication with students and colleagues, and the use of necessary technological tools.
- **Support and Mentorship:** A structured support and mentorship system should be provided, including guidance from experienced faculty members to help new instructors adapt to the work environment and understand institutional policies and procedures.
- **Setting Realistic Goals:** Realistic goals should be established for new faculty members, along with guidance on how to achieve them and develop a sustainable career path.
- **Encouraging Innovation and Creativity:** New faculty members should be encouraged to think creatively and experiment with new and innovative teaching methods to improve education quality and enhance student engagement.
- **Enhancing Social and Institutional Integration:** New faculty should be encouraged to participate in institutional and social activities and events to strengthen their integration into the academic community.
- **Providing Regular Feedback and Follow-up:** Mechanisms should be in place to offer periodic feedback and monitor the performance of new faculty members, enabling them to identify strengths and weaknesses and take necessary actions for improvement.

□ **Encouraging Communication and Collaboration:** New faculty members should be motivated to communicate and collaborate with colleagues, participate in continuous learning opportunities, and share experiences.

□ **Providing Professional Development Opportunities:** Universities should offer professional development opportunities for new faculty members through training courses, workshops, and participation in conferences and academic symposiums.

Professional Development for Faculty Members

1. **Training and Workshops:** Universities and educational institutions should organize training courses and workshops in various fields, including curriculum development, educational technology, modern teaching techniques, research skills, communication, time management, and stress management.
2. **Graduate Studies and Research:** Faculty members should be encouraged to pursue further studies (Master's and PhD) and participate in various scientific research projects to enhance their skills and improve their teaching and research capabilities.
3. **Participation in Conferences and Scientific Symposia:** Faculty members should attend local and international conferences and academic events to exchange knowledge and experiences, gain new insights, and build professional networks.
4. **Scientific Publishing:** Faculty members should be encouraged to publish their research in peer-reviewed scientific journals and author academic books, enhancing their academic reputation and contributing to knowledge dissemination.
5. **Participation in Career Development Programs:** Universities should offer tailored career development programs for faculty members to improve skills in areas such as communication, leadership, and project management.
6. **Mentorship and Guidance:** Universities should provide mentorship programs to assist faculty members in developing personal career plans and achieving their academic and professional goals.

7. **Integration of Technology in Education:** Training should be provided on using technology in education and developing digital skills to enhance the effectiveness and attractiveness of teaching methods.
8. **Collaboration with Industry and Society:** Faculty members should be encouraged to collaborate with industry and the local community through research projects, teaching initiatives, and consultations, contributing to their skill development and improving their understanding of market and societal needs.

12. Admission Criteria

- **General Admission:** Open to graduates of scientific and literary high school branches, constituting **80%** of the admission plan.
- **Admission for Elite Athletes:** Available to graduates of scientific, literary, and vocational studies, comprising **10%** of the admission plan.
- **Admission for Vocational School Graduates:** Comprises **10%** of the admission plan.
- **Ministry-Nominated Physical Education Teachers:** Admission based on nominations from the Ministry of Education (outside the standard admission plan).
- **Parallel Education:** Admission under a parallel education system (outside the standard admission plan).

1313. Key Information Sources about the Program

- Curriculum Textbooks
- Supplementary Books
- Internet and Online Resources
- Extracurricular Activities, Exhibitions, Festivals, and Championships
- Published Research Papers, Dissertations, and Theses
- Iraqi Virtual Scientific Library

1414. Program Development Plan

- **Theoretical and Practical Instruction:** Ensuring a balanced approach between theoretical teaching and practical application across all academic levels.
- **Field Visits:** Supervising students during their internships and field application stages.
- **Research Supervision:** Monitoring students throughout the duration of their graduation research projects and scientific report writing.
- **Hands-on Learning:** Engaging students in real-life educational experiences through scouting camps, sports festivals, and artistic exhibitions.
- **Utilization of Educational Aids:** Implementing various instructional tools, including models, simulations, illustrations, and electronic presentation technologies.

Program Skills Plan

Required Learning Outcomes from the Program

Year/Level	Course Code	Course Name	Required/Optional	Knowledge (A1, A2, A3, A4)	Skills (B1, B2, B3, B4)	Values (C1, C2, C3, C4)
First		Athletics	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Swimming	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Weightlifting	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Scouting	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Physical Fitness for Female Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
Second		Athletics	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Artistic Gymnastics for Male Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Artistic Gymnastics for Female Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
Third		Artistic Gymnastics for Female Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Artistic Gymnastics for Male Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Rhythmic Gymnastics for Female Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Fencing	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Racket Sports	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Physical Fitness for Male Students	Required	√, √, √, √	√, √, √, √	√, √, √, √
Fourth		Athletics	Required	√, √, √, √	√, √, √, √	√, √, √, √
		Practical Application	Required	√, √, √, √	√, √, √, √	√, √, √, √