

Academic Program Description Form

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

Academic or Professional Program Name: Bachelor of Physical Education and Sports Sciences

Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

Date of Description Preparation: 21/09/2025

Date of File Completion: 21/09/2025

Signature: _____

ا. د نكتل مزاحم خليل
رئيس فرع الالعاب الفردية

Head of Department: Prof. Dr. Naktal Muzahem Khaleel

Date: 1/10/2025

Signature: _____

ا. د حميد احمد محمد
معاون العميد للشؤون العلمية

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date: 2/10/2025



File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Assistant Professor Dr. Osama Lutfi Jassim

Date: 5/ 10 /2025

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Dean's Approval

Signature: _____

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

Date: 6/ 10/2025

1. Program Vision

Enhancing the quality of life in society through scientific and professional achievements in physical activities, sports, and recreation, which impact all segments of society. The College of Physical Education and Sports Sciences aims to develop knowledge related to physical activities, sports, and recreation, applying them by creating a high-quality educational environment that upholds Islamic values and principles. The goal is to achieve excellence in preparing specialists in physical education, sports management, sports sciences, and recreation, qualifying professional leaders and researchers to work in various community institutions and providing specialized services to different sectors to improve the quality of life for all individuals.

2. Program Mission

Our college's mission is educational, scientific, professional, and academic, specializing in the fields of physical education and sports sciences to prepare and train specialized teachers in physical education and sports sciences, in addition to their leading role in the sports movement within society.

3. Program Objectives

1. Preparing male and female teachers in physical education and sports sciences for various educational levels (Bachelor's, Master's, and Doctorate) with educational and scientific preparation in teaching, training, organization, and administration in physical education, health education, and recreation.
2. Utilizing modern scientific methods in teaching, training, authorship, and research.
3. Conducting educational and scientific research that contributes to the quality of the educational process and presenting it to relevant institutions.
4. Developing the sports movement for all segments of the population in cooperation with sports institutions.
5. Contributing to the development of physical education and sports sciences programs in society.
6. Paying attention to individuals with special needs, supporting this social group,

and working to meet their physical, skill-related, psychological, and social needs.

4. Program Accreditation

Is the program accredited? If so, by which organization?

5. Other External Influences

1. Educational and sports policies
2. Technological advancements
3. Economic and financial factors
4. Society and culture
5. Health and environmental developments
6. Global sports advancements
7. Legislative and legal changes

6. Program Structure

Institutional Requirements	-	-	-	-
College Requirements	16	38	-	-
Departmental Requirements	-	-	-	-
Summer Training	None	-	-	-
Others	None	-	-	-
Institutional Requirements	-	-	-	-

7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
Annual	-	Track and Field	2	Annual
Annual	-	Racket Sports	2	Annual

Annual	-	Fencing	2	Annual
Annual	-	Swimming	2	Annual
Annual	-	Physical Fitness	2	Annual
Annual	-	Scouting	2	Annual
Annual	-	Weightlifting	2	Annual
Annual	-	Artistic Gymnastics (Female)	2	Annual
Annual	-	Rhythmic Gymnastics (Female)	2	Annual
Annual	-	Artistic Gymnastics (Male)	2	Annual
Annual	-	Practical Training	4	Annual
Annual	-	Graduation Research Project	2	Annual

8. Expected Learning Outcomes

Knowledge

1. Deep understanding of sports sciences and physical education concepts.
2. Practical teaching and coaching skills.
3. Ability to assess and provide personal coaching guidance.
4. Research and analytical skills in sports education.
5. Social interaction and cultural diversity awareness.
6. Leadership and teamwork development.
7. Awareness of health and physical fitness importance.
8. Communication and interpersonal skills.

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Skills

1. Teaching and coaching skills.
2. Effective communication skills.
3. Planning and organizational skills.
4. Leadership and motivation abilities.
5. Analytical and assessment skills.
6. Public relations and marketing skills.
7. Biomechanical and physical training skills.
8. Sports management and organizational skills.

Assessment Methods

Daily exams	Midterm exams
Oral exams	Practical exams
Final exams	

9. Teaching and Learning Strategies

- Active learning
- Lectures
- Discussions
- Presentations
- E-learning
- Blended learning
- Dialogue-based learning

10. Evaluation Methods

- In-person
- Online
- Blended learning

11. Faculty Members

Name	Academic Rank	Specialization	Permanent	Lecturer
Prof. Dr. Naktal Muzahem Khaleel	Professor	Sports Training (Handball)	√	-
Prof. Dr. Ibtisam Haidar Baktash	Professor	Sports Training (Track and Field)	√	-
Prof. Dr. Mohib Hamed Raja	Professor	Motor Learning (Swimming)	√	-
Asst. Prof. Dr. Nida Ibrahim Abdul Rida	assistant professor	Motor Learning (Artistic & Rhythmic Gymnastics - Female)	√	-
Asst. Prof. Dr. Thamer Turki Manaa	assistant professor	Motor Learning (Artistic Gymnastics - Male)	√	-
Asst. Prof. Dr. Nizar Faeq Saleh	assistant professor	Sports Training (Racket Sports)	√	-
Asst. Prof. Dr. Taha Ghaffal Abdullah	assistant professor	Injury Rehabilitation (Swimming)	√	-
Asst. Prof. Dr. Wissam Aouni Saleh	assistant professor	Biomechanics (Weightlifting)	√	-
Dr. Osama Lutfi Jassim	Assistant Professor	Biomechanics (Track and Field)	√	-
Dr. Omar Awid Saleh	Assistant Professor	Sports Training (Physical Fitness)	√	-
M. Omar Abdullah Hussein	Lecturer	Psychology/Duel	√	-
Dr. Bassem Majeed Muhammad	Lecturer	Learn movement/gymnastic	√	-
D. Raad Abdel Majeed Hussein	Lecturer	physical education, teaching methods/athletics	√	-
Dr. Idris Yasser Khalaf	Lecturer	Rehabilitation of people with special needs / Basketball		
Dr. Ali Qais Mahmoud	Lecturer	Injury rehabilitation / Football	√	-
M. M. Ali Fares Saleh	Lecturer	physical education, motor learning / wrestling	√	-
M. M Afnan Khalil Katea	Lecturer	Physical Education Motor Learning/Athletics	√	-

M. M. Anas Hawass Hajem	Lecturer	Physical Education Psychology/Athletics	√	-
M.M Othman Samir Mahmoud	Lecturer	swimming	√	-
M.M. Abdul Latif Sharif Shihab	Lecturer	Scout camps	√	-
M.M. Akram Khalil Mahmoud	Lecturer	Weightlifting	√	-
M.M. Raed Dargham Mahdi	Lecturer	Weightlifting	√	-

Professional Development

Guidance for New Faculty Members

- **Providing Necessary Training:** New faculty members should receive specialized training programs that include teaching skills, classroom management, communication with students and colleagues, and the use of necessary technological tools.
- **Support and Mentorship:** A structured support and mentorship system should be provided, including guidance from experienced faculty members to help new instructors adapt to the work environment and understand institutional policies and procedures.
- **Setting Realistic Goals:** Realistic goals should be established for new faculty members, along with guidance on how to achieve them and develop a sustainable career path.
- **Encouraging Innovation and Creativity:** New faculty members should be encouraged to think creatively and experiment with new and innovative teaching methods to improve education quality and enhance student engagement.
- **Enhancing Social and Institutional Integration:** New faculty should be encouraged to participate in institutional and social activities and events to strengthen their integration into the academic community.
- **Providing Regular Feedback and Follow-up:** Mechanisms should be in place to offer periodic feedback and monitor the performance of new faculty members, enabling them to identify strengths and weaknesses and take necessary actions for improvement.

□ **Encouraging Communication and Collaboration:** New faculty members should be motivated to communicate and collaborate with colleagues, participate in continuous learning opportunities, and share experiences.

□ **Providing Professional Development Opportunities:** Universities should offer professional development opportunities for new faculty members through training courses, workshops, and participation in conferences and academic symposiums.

Professional Development for Faculty Members

1. **Training and Workshops:** Universities and educational institutions should organize training courses and workshops in various fields, including curriculum development, educational technology, modern teaching techniques, research skills, communication, time management, and stress management.
2. **Graduate Studies and Research:** Faculty members should be encouraged to pursue further studies (Master's and PhD) and participate in various scientific research projects to enhance their skills and improve their teaching and research capabilities.
3. **Participation in Conferences and Scientific Symposia:** Faculty members should attend local and international conferences and academic events to exchange knowledge and experiences, gain new insights, and build professional networks.
4. **Scientific Publishing:** Faculty members should be encouraged to publish their research in peer-reviewed scientific journals and author academic books, enhancing their academic reputation and contributing to knowledge dissemination.
5. **Participation in Career Development Programs:** Universities should offer tailored career development programs for faculty members to improve skills in areas such as communication, leadership, and project management.
6. **Mentorship and Guidance:** Universities should provide mentorship programs to assist faculty members in developing personal career plans and achieving their academic and professional goals.

7. **Integration of Technology in Education:** Training should be provided on using technology in education and developing digital skills to enhance the effectiveness and attractiveness of teaching methods.
8. **Collaboration with Industry and Society:** Faculty members should be encouraged to collaborate with industry and the local community through research projects, teaching initiatives, and consultations, contributing to their skill development and improving their understanding of market and societal needs.

12. Admission Criteria

- **General Admission:** Open to graduates of scientific and literary high school branches, constituting **80%** of the admission plan.
- **Admission for Elite Athletes:** Available to graduates of scientific, literary, and vocational studies, comprising **10%** of the admission plan.
- **Admission for Vocational School Graduates:** Comprises **10%** of the admission plan.
- **Ministry-Nominated Physical Education Teachers:** Admission based on nominations from the Ministry of Education (outside the standard admission plan).
- **Parallel Education:** Admission under a parallel education system (outside the standard admission plan).

1313. Key Information Sources about the Program

- Curriculum Textbooks
- Supplementary Books
- Internet and Online Resources
- Extracurricular Activities, Exhibitions, Festivals, and Championships
- Published Research Papers, Dissertations, and Theses
- Iraqi Virtual Scientific Library

1414. Program Development Plan

- **Theoretical and Practical Instruction:** Ensuring a balanced approach between theoretical teaching and practical application across all academic levels.
- **Field Visits:** Supervising students during their internships and field application stages.
- **Research Supervision:** Monitoring students throughout the duration of their graduation research projects and scientific report writing.
- **Hands-on Learning:** Engaging students in real-life educational experiences through scouting camps, sports festivals, and artistic exhibitions.
- **Utilization of Educational Aids:** Implementing various instructional tools, including models, simulations, illustrations, and electronic presentation technologies.

Program Skills Plan

Required Learning Outcomes from the Program

Year/Level	Course Code	Course Name	Required/Optional	Knowledge (A1, A2, A3, A4)	Skills (B1, B2, B3, B4)	Values (C1, C2, C3, C4)
First		Athletics	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Swimming	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Weightlifting	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Scouting	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Physical Fitness for Female Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
Second		Athletics	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Artistic Gymnastics for Male Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Artistic Gymnastics for Female Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
Third		Artistic Gymnastics for Female Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Artistic Gymnastics for Male Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Rhythmic Gymnastics for Female Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Fencing	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Racket Sports	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Physical Fitness for Male Students	Required	√, √, √, √	√, √, √ √	√, √, √, √
Fourth		Athletics	Required	√, √, √, √	√, √, √ √	√, √, √, √
		Practical Application	Required	√, √, √, √	√, √, √ √	√, √, √, √