

Academic Program Description Form

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

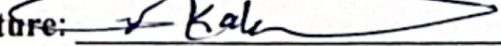
Academic or Professional Program Name: Bachelor of Physical Education

Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

Date of Description Preparation: 21/09/2025

Date of File Completion: 1/10/2025

Signature: 

Head of Department: Assoc. Prof. Dr. Kahlan Ramadan Salih

Signature: 

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date: 2/10/2025

File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Dr. Osama Lutfi Jassim

Date: 5/10/2025

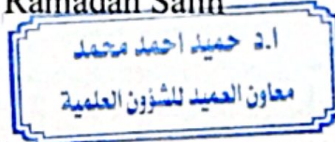
Signature: 

Dean's Approval

Signature: 

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

Date: 6/10/2025



1. Program Vision

To achieve excellence in Physical Education and Sport Sciences and enhance the quality of life in society through advanced education, scientific research, and innovation, while fostering effective partnerships with community institutions and the labor market, in alignment with national and international quality standards.

2. Program Mission

The College is committed to preparing highly qualified professionals in the fields of Physical Education and Sport Sciences through innovative academic programs, technology-enhanced interactive learning, and applied scientific research. It aims to meet labor market demands, contribute to sustainable community development, and promote health, well-being, and quality of life for all members of society.



3. Program Objectives

1. Develop academic programs in line with contemporary developments and quality standards.
2. Promote digital transformation in teaching, learning, and training processes.
3. Support applied scientific research to address sports- and health-related challenges.
4. Establish strategic partnerships with labor market institutions and stakeholders.
5. Align learning outcomes with the needs and expectations of employers.
6. Prepare graduates with advanced professional and leadership competencies.
7. Strengthen the implementation of quality assurance and accreditation standards.
8. Provide community services and outreach programs for all segments of society.
9. Foster sports innovation and the adoption of intelligent systems and technologies.
10. Implement the principles of good governance and institutional accountability.
11. Prepare specialists in teaching, coaching, training, and scientific research.
12. Contribute to addressing health and behavioral challenges within the community.

4. Program Accreditation

Program accreditation status:

The program is not currently accredited by any specialized programmatic accreditation body.

5. Other External Influences

1. Educational and sports policies: The impact of governmental directions and national policies related to education and sports on structuring academic programs and curricula.
2. Technological developments: The adoption of modern technologies in physical education, such as digital tools and sports performance analysis applications, and their impact on improving educational and training quality.
3. Economic and financial factors: Financial and economic challenges affecting education and sports budgets, including program funding, sports facilities, and scientific research.
4. Society and culture: Cultural and social influences that shape individuals' attitudes toward physical education and sport, and the role of sport in building cultural identity and promoting public health.
5. Health and environmental developments: The role of public health and environmental changes in shaping physical education programs in line with the need for physical activities that enhance fitness and well-being.
6. Global sports developments: Changes in the global sports landscape and emerging challenges in international competitions and sports training, and their role in improving local curricula.
7. Legislative and legal changes: Laws and regulations affecting the physical education and sports sector, including safety regulations, academic certification, and professional standards.

6. Program Structure

Program Structure	Number of Courses	Credit Units	Percentage	Notes
Institutional Requirements	50	143	100%	
College Requirements	50	143	100%	
Department Requirements	27	88	65.6%	
Summer Training	Not Available	-	-	
Others	Not Available	-	-	



7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / First Year	anmy101	Anatomy	Theoretical	4
Annual / First Year	elan102	English Language	Theoretical	2
Annual / Second Year	elan205	English Language	Theoretical	2
Annual / First Year	alan103	Arabic Language	Theoretical	2

7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / Second Year	alan214	Arabic Language	Theoretical	2
Annual / First Year	phsp104	History of Physical Education	Theoretical	4
Annual / First Year	cors108	Computer Applications	Theoretical	2
Annual / Second Year	cors212	Computer Applications	Theoretical	2
Annual / First Year	huri105	Human Rights	Theoretical	4
Annual / Second Year	stcs201	Statistics	Theoretical	4
Annual / Second Year	teme202	Testing and Measurement	Theoretical	4
Annual / Second Year	bics203	Biomechanics	Theoretical	4
Annual / Second Year	sptr204	Sports Training Science	Theoretical	4
Annual / Fourth Year	sptr401	—	Theoretical	4
Annual / Second Year	thme211	Teaching Methods	Theoretical	2
Annual / Third Year	thme305	Teaching Methods	Theoretical	2
Annual / Fourth Year	thme410	Teaching Methods	Theoretical	2
Annual / Second Year	crbp213	Crimes of the Ba'ath Party	Theoretical	2
Annual / Third Year	scre301	Scientific Research	Theoretical	4
Annual / Third Year	phgy302	Exercise Physiology	Theoretical	4
Annual / Third Year	mole303	Motor Learning	Theoretical	4
Annual / Third Year	phre304	Sports Injuries	Theoretical	4
Annual / Fourth Year	spps403	Sports Psychology	Theoretical	4
Annual / Fourth Year	maor405	Management and Organization	Theoretical	4

7. Program Description

Year / Level	Course Code	Course Name	Type	Credit Hours
Annual / Fourth Year	disp409	Adapted Physical Education (Disability Sports)	Theoretical	4
Annual / Fourth Year	grre412	Graduation Research Project	Theoretical	4
Annual / Fourth Year	tesc411	Field Training / Practicum	Practical	4

8. Expected Learning Outcomes

Knowledge

1. Deep understanding of sports sciences and physical education concepts.
2. Practical teaching and coaching skills.
3. Ability to assess and provide personal coaching guidance.
4. Research and analytical skills in sports education.
5. Social interaction and cultural diversity awareness.
6. Leadership and teamwork development.
7. Awareness of health and physical fitness importance.
8. Communication and interpersonal skills.



Skills

1. Teaching and coaching skills.
2. Effective communication skills.
3. Planning and organizational skills.
4. Leadership and motivation abilities.

5. Analytical and assessment skills.
6. Public relations and marketing skills.
7. Biomechanical and physical training skills.
8. Sports management and organizational skills.

Assessment Methods

Daily exams	Midterm exams
Oral exams	Practical exams
Final exams	

9. Teaching and Learning Strategies

- Active learning
- Lectures
- Discussions
- Presentations
- E-learning
- Blended learning
- Dialogue-based learning



10. Evaluation Methods

- In-person
- Online
- Blended learning

11. Faculty Members

Academic Rank	General Specialization	Specific Specialization	Required Skills (if any)	Full-Time	Part-Time
Prof. Dr. Hameed Ahmed Mohammed	Physical Education & Sport Sciences	Biomechanics	—	✓	
Assist. Prof. Dr. Salem Khalaf Fahad	Physical Education & Sport Sciences	Sports Management	—	✓	
Assist. Prof. Dr. Kahlan Ramadan Salih	Physical Education & Sport Sciences	Teaching Methods + Football	—	✓	
Prof. Dr. Abdul-Munim Ahmed Jassim	Physical Education & Sport Sciences	Measurement & Evaluation + Football	—	✓	
Prof. Dr. Muthanna Ahmed Khalaf	Physical Education & Sport Sciences	Rehabilitation of Disabilities	—	✓	
Prof. Dr. Sarmad Ahmed Musa	Physical Education & Sport Sciences	Motor Learning + Football	—	✓	
Prof. Dr. Shaimaa Rasheed Taan	Physical Education & Sport Sciences	Exercise Physiology	—	✓	
Prof. Dr. Ziad Salem Abdul	Physical Education & Sport Sciences	Teaching Methods	—	✓	
Assist. Prof. Dr. Hussam Abdul-Muhyi	Physical Education & Sport Sciences	Teaching Methods + Handball	—	✓	
Assist. Prof. Dr. Mohammed Saad Jabr	Physical Education & Sport Sciences	Teaching Methods + Athletics	—	✓	
Lecturer Dr. Mustafa Walid Aayed	Physical Education & Sport Sciences	Biomechanics + Tennis	—	✓	
Lecturer Dr. Shahd Safaa Hamad	Physical Education & Sport Sciences	Measurement & Evaluation	—	✓	
Lecturer Dr. Akram Hassan Mahmood	Physical Education & Sport Sciences	Sport Psychology + Fencing	—	✓	
Lecturer Dr. Janan Thami Shihan	Life Sciences	Physiology	—	✓	

11. Faculty Members

Academic Rank	General Specialization	Specific Specialization	Required Skills (if any)	Full-Time	Part-Time
Lecturer Dr. Marwa Sabaa Muhyi	Arabic Language	Literature	—	✓	
Instructor Inas Nusrat Salman	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Saif Ghazal Sawo	Law	Public Law	—	✓	
Assistant Lecturer Barq Jassim Saleh	English Language	Literature	—	✓	
Assistant Lecturer Reem Saud Abdul	Life Sciences	Microbiology	—	✓	
Assistant Lecturer Omar Fadil Mohammed	English Language	Translation	—	✓	
Assistant Lecturer Mohammed Nitham Taha	History	Islamic History	—	✓	
Assistant Lecturer Suhaib Abdul-Samad Ismail	Political Science	Political Science	—	✓	
Assistant Lecturer Fatima Hadhifa Mohammed	Arabic Language	Literature	—	✓	
Assistant Lecturer Baraaq Muhyi Muhamid	Arabic Language	Linguistics	—	✓	
Assistant Lecturer Amina Saad Hamoud	Agriculture	Plant Protection	—	✓	
Assistant Lecturer Noor Al-Huda Rafid Khaled	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Ahmed Ma'roof Ahmed	Administration & Economics	Accounting	—	✓	
Assistant Lecturer Zainab Abdulqadir Mohammed Amin	Geology	Earth Sciences	—	✓	

Professional Development

Guidance for New Faculty Members

No.	Area	Description
1	Training Provision	Providing comprehensive training programs for new faculty members focusing on effective teaching skills, classroom management, communication with students and colleagues, and the use of modern educational technologies.
2	Support and Mentorship	Establishing a mentoring system involving experienced faculty members to support new staff in adapting to the academic environment and understanding institutional policies and procedures.
3	Setting Realistic Goals	Defining achievable and realistic goals for new faculty members and guiding them toward sustainable professional development and career progression.
4	Encouraging Innovation	Motivating new staff to adopt innovative and creative teaching methods that enhance teaching quality and student engagement.
5	Institutional Integration	Encouraging participation in academic and social activities to enhance integration into the academic community.
6	Feedback and Monitoring	Providing regular performance evaluations to help new faculty identify strengths and areas for improvement.
7	Communication and Collaboration	Enhancing opportunities for communication and collaboration among new and experienced staff to promote knowledge sharing and continuous learning.
8	Professional Development Opportunities	Supporting participation in training courses, workshops, conferences, and scientific seminars to promote continuous professional growth.

Professional Development for Faculty Members

No.	Area	Description
1	Training and Workshops	Organizing training programs and workshops in curriculum development, modern teaching methods, educational technology, scientific research, communication skills, time management, and stress management.



2	Postgraduate Studies and Research	Encouraging faculty members to pursue postgraduate studies (Master's and PhD) and engage in research projects to enhance academic and research competencies.
3	Conferences and Scientific Seminars	Promoting participation in local and international conferences and seminars to exchange ideas, gain new insights, and build professional networks.
4	Scientific Publishing	Encouraging publication in peer-reviewed journals and academic books to strengthen academic reputation and contribute to knowledge dissemination.
5	Career Development Programs	Providing specialized development programs in leadership, project management, and communication skills to enhance professional competencies.
6	Mentoring and Coaching	Offering mentoring programs to assist faculty members in developing personal professional plans and achieving academic and career goals.
7	Technology in Education	Providing training on the use of modern educational technologies to enhance digital skills and improve teaching effectiveness.
8	Industry and Community Collaboration	Encouraging collaboration with industry and local community institutions through research projects and consultancy to align academic work with societal and labor market needs.

12. Admission Criteria

- **General Admission:** Open to graduates of scientific and literary high school branches, constituting 80% of the admission plan.
- **Admission for Elite Athletes:** Available to graduates of scientific, literary, and vocational studies, comprising 10% of the admission plan.
- **Admission for Vocational School Graduates:** Comprises 10% of the admission plan.
- **Ministry-Nominated Physical Education Teachers:** Admission based on nominations from the Ministry of Education (outside the standard admission plan).
- **Parallel Education:** Admission under a parallel education system (outside the standard admission plan).

13. Key Information Sources about the Program

- Curriculum Textbooks
- Supplementary Books
- Internet and Online Resources
- Extracurricular Activities, Exhibitions, Festivals, and Championships
- Published Research Papers, Dissertations, and Theses
- Iraqi Virtual Scientific Library



14. Program Development Plan

- **Theoretical and Practical Instruction:** Ensuring a balanced approach between theoretical teaching and practical application across all academic levels.

- **Field Visits:** Supervising students during their internships and field application stages.
- **Research Supervision:** Monitoring students throughout the duration of their graduation research projects and scientific report writing.
- **Hands-on Learning:** Engaging students in real-life educational experiences through scouting camps, sports festivals, and artistic exhibitions.
- **Utilization of Educational Aids:** Implementing various instructional tools, including models, simulations, illustrations, and electronic presentation technologies.



Program Skills Plan

Required Learning Outcomes from the Program

Year/Level	Course Code	Course Name	Core/Elective	Knowledge (A1–A4)	Skills (B1–B4)	Values (C1–C4)
First Year	anmy101	Anatomy	Core	A4	B4	C4
	elan102	English Language	Core	A4	B4	C4
	alan103	Arabic Language	Core	A4	B4	C4
	phsp104	Philosophy & History of Physical Education	Core	A4	B4	C4
	cors108	Computer Applications	Core	A4	B4	C4
	huri105	Human Rights	Core	A4	B4	C4
Second Year	stcs201	Statistics	Core	A3	B3	C3
	teme202	Testing & Measurement	Core	A3	B3	C3
	bics203	Biomechanics	Core	A3	B3	C3
	sptr204	Sports Training Science	Core	A3	B3	C3
	thme211	Teaching Methods	Core	A3	B3	C3
	elan205	English Language	Core	A3	B3	C3
	cors212	Computer Applications	Core	A3	B3	C3
	crbp213	Ba'ath Party Crimes	Core	A3	B3	C3
	alan214	Arabic Language	Core	A3	B3	C3

Year/Level	Course Code	Course Name	Core/Elective	Knowledge (A1-A4)	Skills (B1-B4)	Values (C1-C4)
Third Year	scre301	Scientific Research	Core	A2	B2	C2
	phgy302	Exercise Physiology	Core	A2	B2	C2
	mole303	Motor Learning	Core	A2	B2	C2
	thme305	Teaching Methods	Core	A2	B2	C2
	phre304	Sports Injuries & Rehabilitation	Core	A2	B2	C2
Fourth Year	sptr401	Sports Training Science	Core	A1	B1	C1
	spps403	Sport Psychology	Core	A1	B1	C1
	maor405	Sports Management	Core	A1	B1	C1
	thme410	Teaching Methods	Core	A1	B1	C1
	disp409	Adapted Physical Education	Core	A1	B1	C1
	tesc411	Field Training (Practical)	Core	A1	B1	C1
	grre412	Graduation Project	Core	A1	B1	C1

